## Ring Size Guide

Before measuring your ring size, make sure this guide is printed on U.S. letter size paper ( $8.5 \times 11$ ") and scaled to $100 \%$.
To check the accuracy of your printout, position a credit card on the line below. The scale is correct if the credit card and line length match.


## Helpful Tips When Measuring:

- For the best comfort fit, measure your ring size at the end of the day when your fingers are warm. Please also note that the fingers on your dominant hand are usually larger.
- Consider width. The wider the band, the tighter the fit may feel. You may need to go up by half a size for a more comfortable fit.
- Your perfect fit ring should be snug enough that it does not fall off after a good shake of your hand, but loose enough to slide easily over your knuckle.


## Option 1: Using a Ring You Already Own:

1. Print out our printable guide with page scaling set to $100 \%$.
2. Place your already-owned ring over the circles featured in the guide.
3. Match the inside of the ring to the circle nearest in size. The measurements shown within the circles refer to the inside diameter of the ring.
4. If the ring falls between two sizes, order the larger size.

## Option 2: Using Our Plastic Ring Sizer:

1. Order your plastic ring sizer by selecting the "Customized" size option on the product page.
2. Remove any of the pre-sized plastic rings from the grid. Each is marked with its corresponding size.
3. For more accuracy, try on the plastic rings in the evening after your typical day of activity.
4. Be sure to try the plastic ring on 3 to 4 times upon finding your right size. Also try a half size up and down to ensure the best fit.
